

LET YOUR GODDESS GROW!

7 Spiritual Lessons on Female Power and Positive Thinking

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Reviewed by Angela Hutchinson

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After reading Let Your Goddess Grow! I feel more empowered by owning my own femininity and have a deeper understanding of how dynamic it is to express my inner Goddess. I don't think I ever completely understood how much our patriarchal society and culture plays a part in molding the minds of our young girls, rendering them a void where a strictly masculine God resides. They are left with nothing to relate to and are left Divine-less. It is most difficult to recognize and embrace our own divinity when all we have is "his-story" to refer to. The author delves comprehensively into the history of Female deities and the rich traditions of the distant past. She is most definitely a leader into the new age of balance and progression!

There are 7 Spiritual Lessons organized within Let Your Goddess Grow! :

1. "Insight: Gain Insight by Examining the Past."
2. "Balance: Manage the Daily Complexity of Work, Family, and You"
3. "Resiliency: Become Stronger Through Adversity"
4. "Your Authentic Self: Define Who You Are by Knowing Your True Self"
5. "Abundance: Create a Mental Equivalent to Manifest What You Desire"
6. "Corporate Soul: Use Spirit and Strength to Guide Work Life"
7. "The Divine feminine: Bring Mother God into Your Work and Life"

The beautiful gift that is given within the pages of this book is the guidance into self actualization and ultimately finding the formula of self love. The book obviously cannot do the work for you, but it throws light on the truth that can sometimes be hard to find in our world today. "Self image stems from how we visualize the Divine....Constructing the female bridge between spirit-power and new realities, leading to happy and balanced lives, is about seeing yourself in God, believing you are divine, claiming full ownership of the All inside."

Let Your Goddess Grow! is a gem of a book full of positive encouragement for woman of all ages. Self love is the key to living fully and powerfully and my Goddess is ready to live out loud and in color unapologetically!

www.thegoddessnetwork.net