

Let Your Goddess Grow!
Charlene M. Proctor,
PhD

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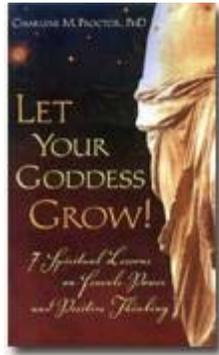
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Let Your Goddess Grow!: 7 Spiritual Lessons on Female Power and Positive Thinking

Charlene M. Proctor, PhD
The Goddess Network Press
Paperback
274 pages
May 2005
★★★★★

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Empowering women is always a good thing. Charlene M. Proctor, author of *The Women's Book of Empowerment*, offers an inspiring and proactive plan for women who wish to get in touch with their inner goddess in her latest book, *Let Your Goddess Grow! 7 Spiritual Lessons on Female Power and Positive Thinking*.

Some of those lessons focus on things like replacing old negative mental messages with powerful and positive new "mind tapes" that move women towards the life of their dreams. Of course, there is all the standard stuff about increasing prosperity, attracting what we want to manifest in our lives, honoring the divine feminine within and creating balance and harmony, but Proctor presents age-old wisdom in a fresh, new way that women of all backgrounds will relate to.



There are some intense chapters about the destructiveness of the lack of feminine energy and our human history of suppressing female wisdom and power, and many readers will be left feeling angry about the constant disregard for women that is so apparent in our politics, religion and business. But this book takes on that disregard, giving women plenty of tools for improving self-esteem, honoring the female energies, feeling empowered in body, mind and spirit. And most of all, the author is committed to spreading the feminine energy through her books, website and speaking engagements, and she encourages women to do the same. Spreading the light is one sure way to put an end to society's negative attitudes towards women power.

I thoroughly enjoyed this book, and found it exciting and inspiring on so many levels. I also felt compelled to share it with other women I know who seek to come into their own power, many of whom have already signed up for Charlene's Goddess email newsletter. And that is how paradigms are shifted – by word of mouth and shared experience.

Let Your Goddess Grow! is a gift any woman can give to herself, and then pass it on to those women she loves and respects. The world is crying out for balance and a return of the feminine divine energy, and this wonderful book serves as a catalyst for personal growth, the kind that leads to a greater evolution of humanity.

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