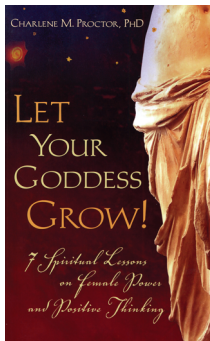


Reviewed in *National Review Network* – Spring 2006



Let Your Goddess Grow!

Seven Spiritual Lessons on Female Power and Positive Thinking

Charlene M. Proctor, Ph.D.

\$19.95 QP, 0-9766012-0-6, The Goddess Network Press, 800/462-6420

(National Book Network), www.thegoddessnetwork.net

Dr. Charlene M. Proctor has devised seven spiritual lessons to help women change their lives. The lessons focus on insight, balance, resiliency, the authentic self, abundance, corporate soul, and the divine feminine. Proctor makes it clear the work is not always easy, but enormous benefits will come from the effort.

Readers are shown the negative effects women suffer when they repress the mother goddess within. Proctor offers clear suggestions and guidance to assist readers in reclaiming female power and restoring self-esteem. Each lesson section concludes with a series of well-thought-out exercises, soul-searching questions, and affirmations.

Proctor writes that as women restore the qualities of the goddess within themselves, they will change their lives and also change the world around them. In the chapter “Bringing the Awakened Self to Work,” Proctor writes, “Corporate spirituality is the new frontier of managing change and morality — it’s the new religion laden with all the best of what we’ve conjured up as a human race: universal values of love, generosity, gratitude, and ethics.”

Women looking for a feminist perspective on spirituality or a spiritual perspective on feminism will find this book informative and motivating.

Anna Jedziewski
Spirit Connection New York
New York, N.Y.