



[Let Your Goddess Grow!](#)

[7 Spiritual L...](#)

PhD., Charlene M. ...

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Personal Growth

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Reviewed By Tracy Farnsworth

LET YOUR GODDESS GROW offers women help in become a fulfilled, balanced human. Through seven lessons (Insight, Balance, Resiliency, Your Authentic Self, Abundance, Corporate Soul, and The Divine Feminine), author Charlene Proctor dishes out her information by using women's personal accounts, essay writing opportunities to affirm each lesson, and self-assessment questions to help you reinforce each topic.

The key in this book is to harness your energy to use for positive growth. I find this is often a challenge, especially when life is crazy. However, the author makes it sound very simple through her in-depth instruction. The writing style is emotional and pulls the reader in. LET YOUR GODDESS GROW never sounds like a self-help guide; it's more like a chat with a dear friend.

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